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ABSTRACT

The first step in dealing with an attention deficit disorder (ADD/ADHD) child's difficult behavior is to understand its origins. This book presents behavior management techniques to help parents care for their ADD child while ensuring that the child continues to develop positive, healthy self-esteem. The guide shows how to: (1) ensure an accurate diagnosis based on history, testing, and observations; (2) understand and accept the reality of ADD/ADHD; (3) set appropriate rules and communicate effectively; (4) choose consequences that really reinforce desired behavior; (5) create and model positive behaviors; (6) remove or decrease problem behaviors; (7) work with teachers; (8) address common homework problems; (9) help overcome social problems with peers and siblings; and (10) improve poor self-concept and self-esteem often associated with ADD. The guide also includes up-to-date information on medications, educational interventions, counseling, stress management, innovative new therapies, speech and language therapy, and special support for parents. Appendices include: (1) information about the ADD Clinic in Biloxi, Mississippi and its programs; (2) a list of facts related to ADD; (3) information for teachers; (4) forms, charts and graphs that can help in evaluating ADD; (5) information on recommended resources for kids, teens and adults, parents, and teachers; and (6) a glossary of key terms pertaining to ADD/ADHD and related behaviors. (AA)

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